



Adult League COVID-19 Guidelines

XL Adult Teams & Players,

We are excited to be able to run our adult leagues! We are happy to be able to help relieve some of the stress by offering leagues for you to take part in, they will run in the same format as before with some changes to our overall operations in order to keep you all as safe as possible while in the building.

We will be using the rules and regulations for our leagues that are already posted online, the changes that we are addressing in this will be in effect until we move out of the “Green Phase”. We wish to keep all our players, officials, and staff as safe as possible.

Adult League Guidelines

- **Players/Teams only in building, teams are asked and expected to arrive no earlier than 20 minutes prior to their game start time. Team players must leave after their game(s), players will not be allowed to loiter around the premises.**
- **No spectators will be allowed until XL Sports World states otherwise.**
- **Masks/face coverings/face shields must be worn while in the building at all times by all persons, no exceptions**
- **Temperature screens will be conducted on arrival**
- **Temperatures of 99.4+ degrees fahrenheit will be turned away (We will retest based upon ambient sunlight exposure causing false readings)**
- **XL Sports World will provide a, “house ball,” for each turf/court and it will be cleaned after every game.**
- **No pinnies will be provided by XL Sports World.**
- **Teams must have a primary and secondary color jersey/shirt to wear while playing, this will eliminate the need for pinnies.**
- **Players are allowed to wear gloves during play**
- **Avoid unnecessary contact and sharing of equipment**

Referee Guidelines

- Referees will wear masks/face coverings
- Referees will also be temperature screened, Temperatures of 99.4+ degrees fahrenheit will be turned away (We will retest based upon ambient sunlight exposure causing false readings)
- Referees will use electronic whistles (No physical blowing required)
- Referees are responsible for the XL house ball (Picking up and returning to front desk staff)

Facility Protocols

- During the Green Phase of COVID-19 mitigation in Pennsylvania, Indoor Recreation facilities are able to maintain 20% capacity. This is why we are limiting the amount of people in the building, to only players, staff and officials
- All employees of XL Sports World will be wearing masks/face coverings at all times
- Facility has been and will continue to be deep cleaned
- **Spitting on the turf field or outside of it will result in a suspension from the league and building.**

If you have any questions or concerns please feel free to contact us and we will be happy to help.

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