



## **Adult League COVID-19 Guidelines**

XL Adult Teams & Players,

We are excited to be able to run our adult leagues now that we have moved into the “Green Phase” as of June 26th. I know that this has been a strange and hard time for everyone. We are happy to be able to help relieve some of the stress by offering leagues for you to take part in, they will run in the same format as before with some changes to our overall operations in order to keep you all as safe as possible while in the building.

We will be using the rules and regulations for our leagues that are already posted online, the changes that we are addressing in this will be in effect until we move out of the “Green Phase”. We wish to keep all our players, officials, and staff as safe as possible.

### **Adult League Guidelines**

- **Players/Teams only in building**
- **No spectators will be allowed until XL Sports World states otherwise.**
- **Masks/face covering must be worn while in the building**
- **Masks/face covering are not required while playing**
- **Temperature screens will be conducted on arrival**
- **Temperatures of 99.4+ degrees fahrenheit will be turned away (We will retest based upon ambient sunlight exposure causing false readings)**
- **XL Sports World will provide a soccer ball for each Turf and it will be cleaned after every game.**
- **No pinnies will be provided by XL Sports World.**
- **Teams must have a primary and secondary color jersey to wear while playing, this will eliminate the need for pinnies.**
- **Players are allowed to wear gloves during play**
- **Avoid unnecessary contact and sharing of equipment**

### **Referee Guidelines**

- **Referees will wear masks/face coverings**

- Referees will also be temperature screened, Temperatures of 99.4+ degrees fahrenheit will be turned away (We will retest based upon ambient sunlight exposure causing false readings)
- Referees will use electronic whistles (No physical blowing required)
- Referees are responsible for the XL house soccer ball. (Picking up and returning to front desk staff)

### **Facility Protocols**

- During the Green Phase of COVID-19 mitigation in Pennsylvania, Indoor Recreation facilities are able to maintain 20% capacity. This is why we are limiting the amount of people in the building, to only players, staff and officials
- All employees of XL Sports World will be wearing masks/face coverings
- Facility has been and will continue to be deep cleaned
- Member of XL Sports World will clean benches and turf door handles in between games (please give them time to complete this process)
- House Soccer Ball will be cleaned between each game
- **As the rules and regulations state, spitting on the turf field or outside of it will result in a suspension from the league and building.**

If you have any questions or concerns please feel free to contact us and we will be happy to help.

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